






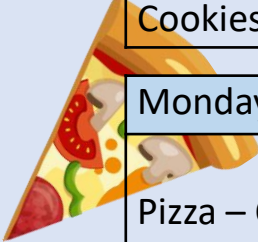



St James' C of E Junior School Whitehaven



School Dinner Menus

- These are our termly school dinner menus
- These have been developed with lots of input from the children and we hope they enjoy their meals each and every day, as well as offering value for money to families
- Jacket potatoes and sandwiches always come in a 'choose at the hatch' option and children can select from; cheese, beans, ham or tuna mayonnaise at the hatch
- Every day fresh fruit and yoghurts are available as additional pudding options and water is always available
- We would encourage families to log on and order at home, but children can also order in registration each day
- Please note that we plan to make all meals every day but there might be slight changes due to availability/ stock etc
- If you have any special dietary needs please contact the School Business Manager to discuss

St James' Autumn Menu

Monday – Pizza Day	Tuesday – International Day	Wednesday – Roast Dinner Day	Thursday – Best of British	Friday –Fish Day
Pizza – Cheese/Meat Feast	Spaghetti Bolognese – Meat/Veggie 	Roast Chicken Dinner	All Day/Veggie Breakfast- Sausage, Bacon, Hash Brown & Baked Beans	Breaded Cod
Tuna/Quorn Pasta Bake	Sweet & Sour Chicken/Quorn & Rice 	Roast Quorn Dinner	Filled Wraps (choose at the hatch) 	Macaroni Cheese
Herby Potatos				Mini Waffles
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Chocolate Chip Cookies	Sponge Cake	Golden Krispy Cakes	Raspberry Mousse	Chocolate Brownie




Monday – Pizza Day	Tuesday – International Day	Wednesday – Roast Dinner Day	Thursday – Best of British	Friday –Fish Day
Pizza – Cheese/Ham 	Southern Fried Chicken Goujons/Veggie Nuggets 	Roast Gammon Dinner	Like A Greggs Slice!? - Choice of Steak or Cheese & Potato Slice 	Fish Cakes
Sweet Chilli Chicken/Quorn Fillet	Lasagne/Veggie Lasagne 	Roast Quorn Dinner	Sausage/Veggie Sausage & Mash	Tomato & Basil Pasta (With optional Cheese Sprinkle!)
Mini Waffles	Herby Potatos		Wedges	Chips
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Iced Cup Cakes	St James Crunch	Raspberry Buns	Grasmere Gingerbread	Chocolate Muffins




Monday – Pizza Day	Tuesday – International Day	Wednesday – Roast Dinner Day	Thursday – Best of British	Friday –Fish Day
Pizza – Cheese/Chicken	Burgers/Veggie Burgers in a Bun 	Roast Sausage & Mash Dinner	Beef/Vegetable Casserole	Fish Fingers
Chicken/Vegetarian Nuggets	Chicken/Quorn Korma & Rice 	Roast Quorn Dinner	Ham & Cheese Melt Baguettes	Vegetable Soup & Sandwich
Wedges	Chips		Herby Potatos	Mini Waffles
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Orange Drizzle Sponge	Australian Crunch	Shortbread	Chocolate Crunch	Gingerbread Cookies

Mayo & Tomato Sauce are available every Friday!

St James' Spring Menu

Monday – Pizza Day	Tuesday – International Day	Wednesday – Roast Dinner Day	Thursday – Best of British	Friday –Fish Day
Pizza – Cheese/Ham	Chilli/Veggie Chilli & Rice 	Roast Chicken Dinner	Sausage Roll/Veggie Roll	Breaded Cod
Chicken Casserole	Meatballs/Veggie Meatballs & Pasta 	Roast Quorn Dinner	Shepherds Pie/Veggie Pie	Tomato & Basil Pasta
Chips			Herby Potatoes	Mini Waffles
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Flapjacks 	Chocolate Iced Sponge	Oreo Cup Cakes 	Oaty Cookies	Chocolate Chip Brownie




Monday – Pizza Day	Tuesday – International Day	Wednesday – Roast Dinner Day	Thursday – Best of British	Friday –Fish Day
Pizza – Cheese/Sausage	Chicken/Quorn Korma & Rice 	Roast Sausage & Mash Dinner	Picnic!– Sandwich & Crisps (Special request from the children!)	Fish Fingers
Chicken/Quorn Pasta	Chicken/Veggie Chow Mein 	Roast Quorn Dinner	Quorn/Turkey Breaded fillet	Creamy Veg Lattice
Herby Potatoes			Mini Waffles 	Wedges
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Chocolate Shortbread	Grasmere Gingerbread	St James Crunch	Iced Sponge Cakes	Vanilla & Chocolate Cheesecake




Monday – Pizza Day	Tuesday – International Day	Wednesday – Roast Dinner Day	Thursday – Best of British	Friday –Fish Day
Pizza – Cheese/Pineapple	Southern Fried Chicken Goujons/Veggie Nuggets 	Pig in a blanket in a Pud Roast Dinner	Steak Pie/Veggie with pastry tops	Fish Cakes
Pasta Bolognese/Veggie Bolognese	Sweet & Sour Chicken/Quorn & rice 	Veggie Sausage in a Pud Roast Dinner 	Gammon slice	Macaroni Cheese
Mini Waffles	Wedges		Herby Potatos	Chips
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Choc Cornflake Cakes	Fruit Smoothies	Cookies	Chocolate Crunch	Cheese & Crackers




Mayo & Tomato Sauce are available every Friday!

St James' Summer Menu

Mayo & Tomato Sauce are available **every Friday!**

Monday – Pizza Day	Tuesday – International Day	Wednesday – Roast Dinner Day	Thursday – Best of British	Friday – Fish Day
Pizza – Cheese/Ham	Spaghetti Bolognese – Meat/Veggie 	Pigs in a Blanket in a Pud Dinner	All Day/Veggie Breakfast-Sausage, Bacon, Hash Brown & Baked Beans	Fish Cakes
Chicken/Vegetarian Nuggets	Hot Dogs/Veggie Dogs 	Veggie Sausage in a Pud Dinner	Like A Greggs Slice!? - Choice of Steak or  Cheese & Potato Slice	Tomato & Basil Pasta (With optional Cheese Sprinkle!)
Mini Waffles	Wedges		Hash Browns	Chips
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Oreo Muffins	Rocky Road Cake	Chocolate Chip Muffins	Grasmere Gingerbread	Cheese & Crackers

Monday – Pizza Day	Tuesday – International Day	Wednesday – Roast Dinner Day	Thursday – Best of British	Friday – Fish Day
Pizza – Cheese/Meat Feast	Sweet & Sour Chicken/Quorn & Rice 	Roast Chicken Dinner	Sausage/Veggie Sausage & Mash	Fish Fingers
Quorn/Turkey Breaded fillet	Meatballs/Veggie Meatballs & Pasta 	Roast Quorn Dinner	Beef Casserole	Tomato Soup & Sandwich
Chips			Roast Potatoes	Mini Waffles
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Raspberry & Chocolate Brownie	Iced Sponge Cake	Gingerbread Men	Marble Shortbread 	Chocolate Chip Cookie

Monday – Pizza Day	Tuesday – International Day	Wednesday – Roast Dinner Day	Thursday – Best of British	Friday – Fish Day
Pizza – Cheese/Chicken 	Chicken/Quorn Korma & Rice 	Minced Beef Dinner with Yorkshire Pud	Shepherds Pie/Veggie Pie	Breaded Cod
Sausage	Burgers/Veggie Burgers in a Bun 	Minced Quorn Dinner with Yorkshire Pud	Bacon Baguettes	Macaroni Cheese
Wedges	Chips		Mini Waffles	Herby Diced Potatoes
Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes	Jacket Potatoes
Choc Chip Rock Buns	Chocolate Iced Sponge	Ice Cream Tubs	Chocolate Crunch	Strawberry Cheesecake